

Sedation Instructions

Prepayment for services is required when treatment is scheduled.

BEFORE APPOINTMENT

arrive 15 minutes before appointment time.



An adult (18 years or older) must drive you to and from your appointment and remain on site until your procedure is complete. Please note that a cab, Uber, Lyft, etc is not an acceptable ride to or from your appointment as this person will be held liable for your well-being.



If prescribed, take 0.25 mg Triazolam (1 pill) **one hour before** your dental appointment with water, unless otherwise directed. Please notify the doctor of any additional medications taken.



NO eating or drinking 8 hours prior to treatment, unless otherwise directed.



NO stimulants before your appointment. (ex: caffeine, coffee, nicotine)



Wear loose, comfortable clothing and a short-sleeved shirt to your appointment to simplify access if IV sedation is necessary.



Leave all personal belongings at home. (ex: purse, jewelry, watch, etc.) We are not responsible for lost items during appointment.



Do not wear contact lenses or glasses during your appointment.



Do not take sedation medicine if **pregnant**.



Do not drink grapefruit juice 1 week before or after your appointment .



No alcohol or recreational drugs 24 hours before your appointment.



A complete medical history has been updated before appointment. If you develop a cold, flu or any other illness, please notify our office

AFTER APPOINTMENT



The designated driver (must be 18 years or older) will be responsible for remaining on site for the duration of your appointment and driving you home from your appointment. Please park on the back side of the building in the designated handicap spots so that you can be brought out in a wheelchair with ease upon completion of your visit.



Stay hydrated as much as possible.



Take Tylenol (500mg) and Ibuprofen (800 mg) every 8 hours after treatment for any discomfort.



No sedatives should be taken 24 hours after appointment (alcohol included).



No stimulants should be taken 24 hours after appointment (caffeine/nicotine included).



No driving for 24 hours.



No operating hazardous devices, heavy lifting or stair climbing until you have completely recovered.



Make no important decisions or plan to work for 24 hours.



Narcotics will be prescribed on a Case-by-Case basis.